

FACTORS THAT AFFECT YOUR BAC

Blood Alcohol Concentration, or BAC, will rise at different rates depending on various factors.



SPEED OF DRINKING

If you consume alcohol quickly, your BAC will rise faster.

GENDER

If you are a woman, you have proportionally less water in your body, so your BAC will rise faster.

WEIGHT

If you are overweight, you have proportionally more water in your body, so your BAC will rise slower.

FOOD

If you have food in your stomach, your BAC will rise slower.

